



Get to know your Wellness Spending Account

Your Wellness Spending Account (WSA) complements your group benefit plan to give you more choice and flexibility to support your wellness.



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EDMONTON**

What is it?

Your WSA is a taxable benefit that can cover personal interest courses, fitness-related activities and other eligible items not included in your group benefits plan or Healthcare Spending Account (HSA).

How much you have to spend is up to you. Your employer provides you with an allowance of spending account credits that you can allocate between your HSA and WSA based on your needs.

What are the advantages?

- ✓ Have more choice and control to support your physical, mental and emotional wellness.
- ✓ Easily and quickly submit claims online and get reimbursed as early as the next business day.
- ✓ Check the status of your claims and the remaining balance of your WSA online.

What can I claim?

Your WSA can provide reimbursement to support a broad range of opportunities to help you maintain and enhance your wellness including:

- Fitness equipment and activities
- Professional development and education courses
- Dependent care
- Technology
- Work from home equipment
- Maintenance assistance and green living
- Women's health supports
- Financial planning
- Other health related programs and services

Because your employer selects the categories of expenses eligible under your WSA, please confirm your coverage by referring to your benefit booklet or by signing into our member site or app to learn more.

How do I claim?

You can submit your WSA claims online through our member site or app. Visit members.ab.bluecross.ca, download our app, or call us at **1-800-661-6995 (toll free)** to get started.

